

2013 NACCC Senior Men

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
1	0:40:01	Steve Vernon	Stockport Harriers & AC	102	0:48:24	Rob Hughes	Salford Harriers & AC	203	0:53:02	David Palmer	Steel City Striders RC
2	0:41:02	Pat Martin	Stockport Harriers & AC	103	0:48:28	K Jeffress	Tyne Bridge Harriers	204	0:53:05	John Beetham	Keswick AAC
3	0:41:24	Dan Garbutt	Durham City Harriers & AC	104	0:48:29	Greg Williams	St Helens Sutton AC	205	0:53:11	Graham Ratcliffe	Wirral AC
4	0:41:37	Meles Okbazghi	Sheffield RC	105	0:48:37	Leon Foster	Leeds City Athletic Club	206	0:53:16	Chris Needham	Leeds City Athletic Club
5	0:41:39	David Webb	Leeds City Athletic Club	106	0:48:40	Robert Danson	Wesham Road Runners & AC	207	0:53:17	John Howe	Trafford Athletic Club
6	0:42:09	Andrew Wiles	New Marske Harriers Club	107	0:48:42	Tom Bush	Altrincham & District AC	208	0:53:18	Alex Rowe	Wesham Road Runners & AC
7	0:42:11	David Norman	Altrincham & District AC	108	0:48:44	John Lloyd	Todmorden Harriers	209	0:53:21	Dave Mcguire	Halde Park Harriers
8	0:42:13	Alex O'gorman	Stockport Harriers & AC	109	0:48:45	Dave Hamilton	Southport Waterloo AC	210	0:53:22	John Thompson	Vale Royal AC
9	0:42:17	Daniel Davis	Leeds City Athletic Club	110	0:48:50	Laurie Luscombe	Liverpool Harriers & AC	211	0:53:25	Neil Kelly	Penny Lane Striders
10	0:42:19	Carl Smith	Leeds City Athletic Club	111	0:48:55	James Scott-Bucleuc	Stockport Harriers & AC	212	0:53:27	Chris Burrows	Knowsley Harriers AC
11	0:42:30	Jack Martin	Stockport Harriers & AC	112	0:49:01	Matt Hobbs	Hallamshire Harriers Sheffield	213	0:53:28	Phil Williams	Leigh Harriers & AC
12	0:42:33	Lewis Timmins	Morpeth H & AC	113	0:49:03	Danny Hope	Pudsey & Bramley AC	214	0:53:29	Andy Mooney	Sale Harriers Manchester
13	0:42:43	Matthew Bowser	Lincoln Wellington Athletic Club	114	0:49:05	Gavin Felton	Barnsley Athletic Club	215	0:53:33	Gary Matthews	East Cheshire Harriers & Tameside AC
14	0:42:47	Andy Nixon	Stockport Harriers & AC	115	0:49:09	B Mcmillan	Claremont Road Runners & AC	216	0:53:35	Chris Smullen	Wigan & District H & AC
15	0:42:59	Mike Burrett	Leeds City Athletic Club	116	0:49:13	Matthew Nuttall	Blackburn Harriers & AC	217	0:53:37	Paul Fotherby	Valley Striders AC
16	0:43:04	Tom Doe	Lincoln Wellington Athletic Club	117	0:49:20	James Kovacs	Salford Harriers & AC	218	0:53:38	Alex Jones	Pudsey & Bramley AC
17	0:43:08	Gary Priestley	Salford Harriers & AC	118	0:49:22	Mark Clair	Knowsley Harriers AC	219	0:53:42	Steve Foley	Blackburn Harriers & AC
18	0:43:10	Steve Hebblethwaite	Keswick AAC	119	0:49:23	Pete Hodges	Hallamshire Harriers Sheffield	220	0:53:45	Johnny Lee	Oldham and Royton Harriers
19	0:43:15	Richard Morrell	Morpeth H & AC	120	0:49:28	David Smith	Rotherham Harriers & AC	221	0:53:46	David Gilchrist	Altrincham & District AC
20	0:43:18	Alan Buckley	Leeds City Athletic Club	121	0:49:30	Adam Clansay	Southport Waterloo AC	222	0:53:48	Simon Grundy	East Cheshire Harriers & Tameside AC
21	0:43:25	Matt Nicholson	Morpeth H & AC	122	0:49:32	David Wakefield	South Shields Harriers & AC	223	0:53:48	Keith Thomas	Burnden Road Runners
22	0:43:33	Dan Jenkin	Durham City Harriers & AC	123	0:49:33	James Griffiths	Vale Royal AC	224	0:53:51	Peter Twigg	Lancaster & Morecambe AC
23	0:43:34	John Heneghan	Pudsey & Bramley AC	124	0:49:36	Matthew Smith	South Cheshire Harriers	225	0:53:52	Jonathan Reeh	Manchester Harriers & AC
24	0:43:36	Richard Anderson	Holmfirth Harriers AC	125	0:49:40	Simon Bruton	Salford Harriers & AC	226	0:53:55	Billy Macartney	Salford Harriers & AC
25	0:43:44	Chris Wright	Leeds City Athletic Club	126	0:49:43	D Alexander	West Cheshire AC	227	0:53:57	David Brown	Lancaster & Morecambe AC
26	0:43:45	Richard Burney	Liverpool Harriers & AC	127	0:49:43	Trevor Wilks	Leeds City Athletic Club	228	0:53:59	Dean Wilson	Liverpool Running Club
27	0:43:50	James Douglas	Border Harriers & AC	128	0:49:45	Jon-Philip Seymour	Wirral AC	229	0:54:00	Chris Bentley	Macclesfield Harriers & AC
28	0:43:55	Rob Hope	Pudsey & Bramley AC	129	0:49:54	Peter Steel	Leeds City Athletic Club	230	0:54:02	Lucas Longman	Heaton Harriers & AC
29	0:43:58	Ian Kimpton	Lincoln Wellington Athletic Club	130	0:49:56	Scott Ellis	North Shields Polytechnic Club	231	0:54:04	Paul Redman	Sunderland Harriers & AC
30	0:43:58	Simon Marwood	Altrincham & District AC	131	0:49:58	Gregan Clarkson	Kingston upon Hull AC	232	0:54:07	Jim Wyatt	Salford Harriers & AC
31	0:44:00	Simon Deakin	Leeds City Athletic Club	132	0:49:59	Peter Crawford	Sale Harriers Manchester	233	0:54:09	Tom Griffiths	St Helens Sutton AC
32	0:44:10	Shane Robinson	Lincoln Wellington Athletic Club	133	0:50:01	Les Ball	Lincoln Wellington Athletic Club	234	0:54:15	Kevin Emmett	South Shields Harriers & AC
33	0:44:19	Joe Grattan	Hallamshire Harriers Sheffield	134	0:50:17	Andy Thorpe	Halifax Harriers & AC	235	0:54:16	Adam Leadbetter	Spectrum Striders
34	0:44:28	Phillip Hoole	Rotherham Harriers & AC	135	0:50:20	Chris Barnes	Blackburn Harriers & AC	236	0:54:19	Mike Green	Wallasey Athletic Club
35	0:44:34	Gareth Raven	Sale Harriers Manchester	136	0:50:20	Chris Roberts	York Knavesmire Harriers	237	0:54:22	Peter Belcher	Liverpool Harriers & AC
36	0:44:35	Ben Russell	Liverpool Harriers & AC	137	0:50:24	John Sloan	East Cheshire Harriers & Tameside AC	238	0:54:22	Phil Burns	Stockport Harriers & AC
37	0:44:39	Stuart Doyle	Vale Royal AC	138	0:50:25	Graham Macneil	Wilmslow Running Club	239	0:54:25	Greg Jones	Wallasey Athletic Club
38	0:44:41	Antony Ford	Sale Harriers Manchester	139	0:50:29	Kevin Ogden	Spennorth & Dist AC	240	0:54:30	Ryan Barker	Halifax Harriers & AC
39	0:44:41	Graeme Taylor	Morpeth H & AC	140	0:50:29	Alan Ashton	Liverpool Harriers & AC	241	0:54:32	Barry Atkinson	York Knavesmire Harriers
40	0:44:46	Ross Floyd	Morpeth H & AC	141	0:50:30	James Ashworth	Skelmersdale Boundary Harriers	242	0:54:34	Michael John Savage	Steel City Striders RC
41	0:44:51	Jordan Scott	Morpeth H & AC	142	0:50:31	Howard Mead	Salford Harriers & AC	243	0:54:34	Phil Cuthbert	Wallasey Athletic Club
42	0:44:54	Alisdair Russell	Kendal Amateur Athletic Club	143	0:50:33	Gareth Melvin	Border Harriers & AC	244	0:54:35	Neil Cosgrove	Knowsley Harriers AC
43	0:44:56	Nick Leigh	Altrincham & District AC	144	0:50:35	Karl Steingegger	Spectrum Striders	245	0:54:38	Stuart Hodgkinson	Bury Athletic Club
44	0:44:57	Carl Bell	Keswick AAC	145	0:50:37	Alistair Mcnay	Tattenhall Runners	246	0:54:42	Thomas Howarth	Lytham St Annes RR Club
45	0:45:03	Matt Thompson	Southport Waterloo AC	146	0:50:40	Ian Lawton	Liverpool Harriers & AC	247	0:54:44	David Brooksbank	Barnsley Athletic Club
46	0:45:16	Rob Little	Hallamshire Harriers Sheffield	147	0:50:41	Ed Fazakerley	Manchester Harriers & AC	248	0:54:45	James Cassidy	Liverpool Harriers & AC
47	0:45:20	Tom Cornthwaite	Salford Harriers & AC	148	0:50:41	Jeff Hornby	Spennorth & Dist AC	249	0:54:46	Peter Summers	Skelmersdale Boundary Harriers
48	0:45:25	Nick Hooker	Leeds City Athletic Club	149	0:50:43	Jon Green	Preston Harriers	250	0:54:46	Chris Pedder	Liverpool Pembroke & Sefton H AC
49	0:45:27	Josh Tighe	Salford Harriers & AC	150	0:50:49	Paul Waterston	Morpeth H & AC	251	0:54:47	Matthew Jackson	Rochdale Harriers & AC
50	0:45:34	Stuart Robinson	Salford Harriers & AC	151	0:50:52	Nick Barber	Todmorden Harriers	252	0:54:48	Craig Sefton	Vale Royal AC
51	0:45:35	Kevin Bell	Border Harriers & AC	152	0:50:57	Ben Johnson	Southport Waterloo AC	253	0:54:53	Jon Fairhurst	Pensby Runners
52	0:45:36	Matt Shaw	Salford Harriers & AC	153	0:51:01	Robert Collins	Liverpool Harriers & AC	254	0:54:54	Mike Raynes	City of York AC
53	0:45:39	Martin Roscoe	Leeds City Athletic Club	154	0:51:02	Dave Hudson	Salford Harriers & AC	255	0:54:54	Dave Collins	Wigan & District H & AC
54	0:45:42	Chris Perry	Vale Royal AC	155	0:51:02	Lee Midghall	Liverpool Harriers & AC	256	0:54:56	Dick Byers	Trafford Athletic Club
55	0:45:47	Ewan Brown	York Knavesmire Harriers	156	0:51:06	Paul Samways	Lincoln Wellington Athletic Club	257	0:54:57	Michael Jones	South Shields Harriers & AC
56	0:45:51	Ben Crowther	Halifax Harriers & AC	157	0:51:09	Michael Moore	North Shields Polytechnic Club	258	0:54:58	Brian Martin	Quakers Running Club
57	0:46:01	Ryan Worland	Sale Harriers Manchester	158	0:51:10	Chris Ireland	Sheffield RC	259	0:55:00	David Williams	Holmfirth Harriers AC
58	0:46:06	James Tartt	Southport Waterloo AC	159	0:51:12	Andrew Buckley	Richmond & Zetland Harriers	260	0:55:02	Ian Stanton	Vale Royal AC
59	0:46:09	Richard Brown	Lincoln Wellington Athletic Club	160	0:51:16	James Corden	Stockport Harriers & AC	261	0:55:03	Peter Roome	Southport Waterloo AC
60	0:46:12	Chris Miller	Harrogate Harriers & AC	161	0:51:19	Matt Smith	Liverpool Running Club	262	0:55:04	Stephen Nisbet	Harrogate Harriers & AC
61	0:46:21	Andy Burn	Jarrow & Hebburn AC	162	0:51:23	Tony Smith	St Helens Sutton AC	263	0:55:04	Chris Balderson	Clayton Le Moors Harriers
62	0:46:26	Jon Wills	Leeds City Athletic Club	163	0:51:28	Dean Taylor	Ripley Running Club	264	0:55:04	A Clague	West Cheshire AC
63	0:46:29	Chris Birchall	Leeds City Athletic Club	164	0:51:29	Nick Munro	Sedgefield Harriers	265	0:55:05	David Edwards	Knowsley Harriers AC
64	0:46:31	Richard Harris	Rotherham Harriers & AC	165	0:51:31	Niall Bourke	Pudsey & Bramley AC	266	0:55:05	Justin Cox	Sedgefield Harriers
65	0:46:33	Adam Osborne	Leeds City Athletic Club	166	0:51:33	Martin Farran	Leeds City Athletic Club	267	0:55:07	Lee Barlow	Wesham Road Runners & AC
66	0:46:34	James Mcnally	Penny Lane Striders	167	0:51:36	Ben Dyson	Leeds City Athletic Club	268	0:55:08	Paul Schumann	Knowsley Harriers AC
67	0:46:38	T Carter	Tyne Bridge Harriers	168	0:51:39	Mark Lamb	Keswick AAC	269	0:55:08	Chris Burgess	Wigan & District H & AC
68	0:46:40	Martin Swenson	Penny Lane Striders	169	0:51:43	Joe Fowler	Sheffield RC	270	0:55:10	Andy Draper	Lytham St Annes RR Club
69	0:46:41	James Wignall	Sale Harriers Manchester	170	0:51:47	Phil Walton	Wallasey Athletic Club	271	0:55:10	John Rainford	Preston Harriers
70	0:46:44	Kyle Craib	Rotherham Harriers & AC	171	0:51:50	David Westhead	Ilkley Harriers AC	272	0:55:14	Anthony Devoy	Wirral AC
71	0:46:45	Mike Sawrey	Stockport Harriers & AC	172	0:51:55	Matthew Kelly	Altrincham & District AC	273	0:55:16	Jim Thompson	Saltwell Harriers
72	0:46:47	Dave Lockett	Salford Harriers & AC	173	0:51:59	Steve Angus	Border Harriers & AC	274	0:55:18	Philip Green	Heaton Harriers & AC
73	0:46:49	Ben Martin	Trafford Athletic Club	174	0:52:02	Robert Kelly	Knowsley Harriers AC	275	0:55:21	Sion Wynne - William	Liverpool Harriers & AC
74	0:46:53	Joshua Cole	Bury Athletic Club	175	0:52:03	Simon Collins	York Knavesmire Harriers	276	0:55:23	Ben Mahoney	Sheffield RC
75	0:46:55	Todd Oates	Barrow & Furness Striders AC	176	0:52:04	Olivier Gaillamin	Sale Harriers Manchester	277	0:55:27	Jonathan Sykes	Holmfirth Harriers AC
76	0:46:57	Doug Roberts	Richmond & Zetland Harriers	177	0:52:05	Gary Pearse	Blackburn Harriers & AC	278	0:55:32	Bryan Lomas	Congleton Harriers
77	0:47:03	David Rigby	Preston Harriers	178	0:52:06	Michael Hunt	Trafford Athletic Club	279	0:55:38	Adrian Fuller	Altrincham & District AC
78	0:47:04	Jamie Loxam	Stockport Harriers & AC	179	0:52:06	Scott Anderson	Kirkstall Harriers	280	0:55:39	Simon Rogers	Pensby Runners
79	0:47:08	Gareth Turner	Trafford Athletic Club	180	0:52:06	James Noakes	Macclesfield Harriers & AC	281	0:55:42	D Tiernan	West Cheshire AC
80	0:47:11	Mark Bryant	Leeds City Athletic Club	181	0:52:09	Nick Marsh	Louth AC	282	0:55:44	Paul Miller	Kirkstall Harriers
81	0:47:17	Ben Harrison	Morpeth H & AC	182	0:52:10	Lachlan Murray	Macclesfield Harriers & AC	283	0:56:00	Giles Hawking	York Knavesmire Harriers
82	0:47:20	Rob Downs	Wilmslow Running Club	183	0:52:12	Bryan Carr	Congleton Harriers	284	0:56:04	Chris Millington	Spectrum Striders
83	0:47:30	Steven Worthington	Lancaster & Morecambe AC	184	0:52:15	Joe Johnson	Wirral AC	285	0:56:07	Tom Nicholson	Border Harriers & AC
84	0:47:32	Rob Webb	Rossendale Harriers & AC	185	0:52:18	Llyr Hughes	Manchester Triathlon Club	286	0:56:11	Barry Graney	St Helens Sutton AC
85	0:47:35	Will Beauchamp	Sheffield RC	186	0:52:21	Mark Rogers	Wigan & District H & AC	287	0:56:14	Tom Annable	Vale Royal AC
86	0:47:38	Tom Edwards	Leeds City Athletic Club	187	0:52:22	Mike Grace	Salford Harriers & AC	288	0:56:15	John Armstrong	Wallasey Athletic Club
87	0:47:44	Jonathan Johnson	Harrogate Harriers & AC	188	0:52:29	Glen Groves	Liverpool Harriers & AC	289	0:56:16	Leon Guilder	Wirral AC
88	0:47:45	Matthew Hallam	Kippax & Dist Harriers	189	0:52:29	Daniel Ansell	Trafford Athletic Club	290	0:56:17	Matthew Ricketts	West Yorkshire Police Harriers
89	0:47:48	Joe Vis	Southport Waterloo AC	190	0:52:29	Alister Goulding	Leigh Harriers & AC	291	0:56:20	Paul Bainbridge	South Shields Harriers & AC
90	0:47:49	Martin Hilton	Leeds City Athletic Club	191	0:52:31	Philip Hewitt	Kirkstall Harriers	292	0:56:24	James Lloyd	Derby Athletic Club
91	0:47:49	Josh Stone	Lincoln Wellington Athletic Club	192	0:52:35	P Hilton	Tyne Bridge Harriers	293	0:56:25	Ian Magill	Liverpool Running Club
92	0:47:51	Peter Branney	Leeds City Athletic Club	193	0:52:36	Mark Hulmston	Wirral AC	294	0:56:26	Brad Warburton	Knowsley Harriers AC
93	0:47:54	Tony Taylor	Salford Harriers & AC	194	0:52:37	Stuart Maycock	Hallamshire Harriers Sheffield	295	0:56:28	Howard Darwin	Rotherham Harriers & AC
94	0:48:04	Malcolm Fowler	Wilmslow Running Club	195	0:52:37	Ryan Butler	Leigh Harriers & AC	296	0:56:31	David Hack	Richmond & Zetland Harriers
95	0:48:10	Aidan Johnson	Rotherham Harriers & AC	196	0:52:39	Karl Pickstock	Wallasey Athletic Club	297	0:56:32	Les Smith	Heaton Harriers & AC
96	0:48:11	Adam Peers	Liverpool Harriers & AC	197	0:52:46	John Comrie	Rotherham Harriers & AC	298	0:56:32	Steve Pullan	Todmorden Harriers
97	0:48:11	Will Nicholson	Border Harriers & AC	198	0:52:50	Peter Scarrett	Wirral AC	299	0:56:33	Kevin Foster	Sale Harriers Manchester
98	0:48:14	Dave Milliken	Horwich R M I Harriers	199	0:52:53	Carl Barber	Sale Harriers Manchester	300	0:56:34	John Mooney	Macclesfield Harriers & AC
99	0:48:16	Tom Straughan	Morpeth H & AC	200	0:52:58	Matt Thompson	Liverpool Pembroke & Sefton H AC	301	0:56:35	Stephen Piltditch	Spectrum Striders
100	0:48:16	Duncan Harris	City of Chester Triathlon Club	201	0:52:59	Jim Ryder	Ilkley Harriers AC	302	0:56:36	John Connolly	Penny Lane Striders
101	0:48:16	Craig Isherwood	Sunderland Harriers & AC	202	0:53:01	Graemme Grindrod	Salford Harriers & AC	303	0:56:37	Paul Windle	Wetherby Runners AC

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Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
304	0:56:37	Mal Balmer	Penny Lane Striders	405	1:00:33	Alan Parsons	Sedgefield Harriers	506	1:06:42	Andy Wood	Belle Vue Racers
305	0:56:42	Graham Cairns	Liverpool Pembroke & Sefton H AC	406	1:00:34	Andrew Settle	Kippax & Dist Harriers	507	1:06:44	Alan Webster	Macclesfield Harriers & AC
306	0:56:43	Robert Williams	Knowsley Harriers AC	407	1:00:41	Peter Walker	South Shields Harriers & AC	508	1:06:45	Bob Corinaldi	Vale Royal AC
307	0:56:50	Mark Crawford	Richmond & Zetland Harriers	408	1:00:43	Lee White	Burnden Road Runners	509	1:06:56	Tim Lewis	Spectrum Striders
308	0:56:52	Richard Davies	Wirral AC	409	1:00:50	Jason Catterall	Sedgefield Harriers	510	1:07:01	Mark Hurrell	Barnsley Athletic Club
309	0:56:54	Gerrard Skipping	Spensborough & Dist AC	410	1:00:53	Andrew O'connor	St Helens Sutton AC	511	1:07:17	Wesley Young	Rochdale Harriers & AC
310	0:56:55	Kevin Ayre	South Shields Harriers & AC	411	1:00:57	Mike Schofield	City of York AC	512	1:07:20	Dennis Holmes	Ripley Running Club
311	0:56:56	Geoff Hall	Holmfirth Harriers AC	412	1:01:02	Paul Oliver	South Shields Harriers & AC	513	1:07:23	Fred Gibbs	Bingley Harriers & AC
312	0:56:57	Matt Whitehead	Manchester Harriers & AC	413	1:01:05	David Burton	Keswick AAC	514	1:07:24	Steven Clague	St Helens Sutton AC
313	0:56:59	Kevin Dandy	City of Chester Triathlon Club	414	1:01:07	Nigel Grant	Penny Lane Striders	515	1:07:27	Albert Livesey	Keswick AAC
314	0:57:00	Dave Connor	Knowsley Harriers AC	415	1:01:10	Peter Johnson	St Helens Sutton AC	516	1:07:30	Steve Pemberton	Penny Lane Striders
315	0:57:02	Shaun Harris	Heaton Harriers & AC	416	1:01:11	Dave Lovatt	Penny Lane Striders	517	1:07:44	Colin Nelson	Lytham St Annes RR Club
316	0:57:04	Will Ferguson	Wirral AC	417	1:01:13	Steve Snook	Quakers Running Club	518	1:07:44	Dave Walton	Wallasey Athletic Club
317	0:57:08	Daniel Ibotsen	Border Harriers & AC	418	1:01:15	Greg Callaghan	Liverpool Pembroke & Sefton H AC	519	1:07:53	John Bowker	East Cheshire Harriers & Tameside AC
318	0:57:08	Rob Johnson	Southport Waterloo AC	419	1:01:22	David Jardin	Elswick Harriers	520	1:07:58	Mike Peat	Lancaster & Morecambe AC
319	0:57:08	Terry Roberts	Wirral AC	420	1:01:23	Simon Stead	Belle Vue Racers	521	1:08:08	Paul Cope	Knowsley Harriers AC
320	0:57:09	Ian Robinson	Heaton Harriers & AC	421	1:01:25	Mark Dalton	Beverley Athletics Club	522	1:08:23	Dean Phillips	Sunderland Harriers & AC
321	0:57:10	Paul Mannion	Trafford Athletic Club	422	1:01:30	Neil Bullock	Penny Lane Striders	523	1:08:39	Mike Cunningham	Southport Waterloo AC
322	0:57:11	Martin Kirby	City of York AC	423	1:01:37	Jonathan Fisher	Liverpool Running Club	524	1:08:45	Paul Wilson	Swinton Running Club
323	0:57:12	Liam Fletcher	Richmond & Zetland Harriers	424	1:01:37	Jon Wareing	Chorley AC	525	1:08:47	Ross Thraves	Aurora Harriers
324	0:57:12	Abiel Teklom Wered	Sunderland Harriers & AC	425	1:01:38	Steve Riley	Helsby Running Club	526	1:08:55	Jim Brett	Manchester Harriers & AC
325	0:57:13	Adam Moger	Kirkstall Harriers	426	1:01:45	Jim Dawson	Warrington Road Runners	527	1:09:00	Derek Mcardle	Wallasey Athletic Club
326	0:57:15	Matthew Jones	Rotherham Harriers & AC	427	1:01:52	Neil Yorston	South Shields Harriers & AC	528	1:09:12	Ray Tran	City of Chester Triathlon Club
327	0:57:16	Matt Goddard	Southport Waterloo AC	428	1:01:56	Andrew Nesom	City of York AC	529	1:09:17	David Shoesmith	Macclesfield Harriers & AC
328	0:57:17	M A Davies	West Cheshire AC	429	1:01:58	Owen Cotterell	Knowsley Harriers AC	530	1:09:33	Barry Chester	Chorley AC
329	0:57:17	Rory Henderson	York Knavesmire Harriers	430	1:01:59	Michael Gibson	South Shields Harriers & AC	531	1:09:38	William Dalton	Skelmersdale Boundary Harriers
330	0:57:19	Graham Marsland	Stockport Harriers & AC	431	1:02:01	Graham Millington	Wigan & District H & AC	532	1:09:43	Gary Moore	Wesham Road Runners & AC
331	0:57:21	Paul Doxford	South Shields Harriers & AC	432	1:02:02	Ryan Willis	City of Chester Triathlon Club	533	1:09:54	Francis Reddington	Spensborough & Dist AC
332	0:57:23	John Crook	Skelmersdale Boundary Harriers	433	1:02:04	Ray Vose	St Helens Sutton AC	534	1:09:56	Gary Thornton-Allen	Pensby Runners
333	0:57:25	Gavin Browne	East Cheshire Harriers & Tameside AC	434	1:02:07	Andy Garnett	Spectrum Striders	535	1:10:02	Simon Bridge	Vale Royal AC
334	0:57:26	Pete Downes	York Knavesmire Harriers	435	1:02:13	John James	Heaton Harriers & AC	536	1:10:05	Graham Park	Quakers Running Club
335	0:57:28	John Robertson	Derby Athletic Club	436	1:02:17	Alan Mcnally	St Helens Sutton AC	537	1:10:07	Kenneth Pyle	Aurora Harriers
336	0:57:29	Ian Alexander-Barne	Sheffield RC	437	1:02:20	Kev Brown	Knowsley Harriers AC	538	1:10:14	Leonard Christopher	Sunderland Harriers & AC
337	0:57:31	Sammy Rashid	Liverpool Pembroke & Sefton H AC	438	1:02:26	Steve Millar	Liverpool Running Club	539	1:10:25	Gordon Scholefield	Pensby Runners
338	0:57:32	Stuart Windsor	Border Harriers & AC	439	1:02:28	Stephen Mort	Preston Harriers	540	1:10:49	Andrew Stansfield	Penny Lane Striders
339	0:57:32	Michael Mawby	Glossopdale Harriers	440	1:02:31	Mitch Hawkins	Penny Lane Striders	541	1:10:50	Peter Ramsdale	Horwich R M I Harriers
340	0:57:32	Steve Nolan	Burnden Road Runners	441	1:02:34	Martin Sutton	Southport Waterloo AC	542	1:10:53	Jason Brogan	Manchester Harriers & AC
341	0:57:34	Simon Fox	Wirral AC	442	1:02:38	Sean Farrow	Steel City Striders RC	543	1:10:55	Jonathan Green	Wallasey Athletic Club
342	0:57:35	Brian Miller	Harrogate Harriers & AC	443	1:02:44	Russell Mabbett	Wesham Road Runners & AC	544	1:11:07	David Waywell	Wesham Road Runners & AC
343	0:57:36	Sam Ellis	York Knavesmire Harriers	444	1:02:55	Steven Maguire	Penny Lane Striders	545	1:11:11	Jerry Bateman	Ripley Running Club
344	0:57:39	David Smith	Oldham and Royton Harriers	445	1:03:01	Barry Abram	Wigan & District H & AC	546	1:11:12	Robert Wilson	Elswick Harriers
345	0:57:41	Colin Wood	Horwich R M I Harriers	446	1:03:09	Geoff Rudd	Liverpool Running Club	547	1:11:27	Stephen Radford	Clowne Road Runners Club
346	0:57:42	Arthur Short	Grantham AC	447	1:03:12	John Mcnamara	Liverpool Running Club	548	1:11:43	Nigel Barnbrook	New Marske Harriers Club
347	0:57:43	John Mcnerney	Harrogate Harriers & AC	448	1:03:17	Steve Lomas	Macclesfield Harriers & AC	549	1:12:00	Peter Weatherhead	Wirral AC
348	0:57:47	Robin Tuddenham	Todmorden Harriers	449	1:03:20	Jason Buckley	Kirkstall Harriers	550	1:12:14	Mark Wheelton	Macclesfield Harriers & AC
349	0:57:51	Andrew Glen	Knowsley Harriers AC	450	1:03:24	Phil James	Saltwell Harriers	551	1:12:17	Will Stanniard	Manchester Harriers & AC
350	0:57:55	Tony Barbat	Wallasey Athletic Club	451	1:03:25	Tim Murphy	Spectrum Striders	552	1:12:50	Matthew Cox	Rochdale Harriers & AC
351	0:58:04	Kevin Edwards	Wigan & District H & AC	452	1:03:27	James Mcinerney	Belle Vue Racers	553	1:12:59	Richard Pettitt	Vale Royal AC
352	0:58:07	Stephen Gordon	Pensby Runners	453	1:03:29	Andy Buck	Steel City Striders RC	554	1:13:18	Stan Williams	Wallasey Athletic Club
353	0:58:10	Graham Webster	Lytham St Annes RR Club	454	1:03:31	Keith Brown	Warrington Road Runners	555	1:13:30	Ali Alsaadi	Belle Vue Racers
354	0:58:15	Derek Henry	Wigan Phoenix	455	1:03:36	Tim Rainey	Sale Harriers Manchester	556	1:14:07	John Mace	Leds City Athletic Club
355	0:58:18	Tom White	Barnsley Athletic Club	456	1:03:44	Mike Stone	Wirral AC	557	1:14:12	Dave Thompson	Spectrum Striders
356	0:58:20	John Bevan	York Knavesmire Harriers	457	1:03:50	James Gu	Manchester YMCA Harriers	558	1:14:24	Graham Millican	Border Harriers & AC
357	0:58:25	Mark Griffiths	Manchester YMCA Harriers	458	1:03:51	Trevor Wakenshaw	North Shields Polytechnic Club	559	1:14:57	Paul Wilkinson	Blackburn Harriers & AC
358	0:58:26	Nick Wilson	Wirral AC	459	1:03:54	Steve Webb	Belle Vue Racers	560	1:15:04	Andrew Webster	Knowsley Harriers AC
359	0:58:31	Carl Bedford	Quakers Running Club	460	1:03:56	Mark Scott	Liverpool Running Club	561	1:15:15	Chris Forster	Knowsley Harriers AC
360	0:58:33	Dave Hudd	Spectrum Striders	461	1:03:57	Peter Richardson	Sunderland Harriers & AC	562	1:15:36	James Scholes	Longwood Harriers AC
361	0:58:34	Peter Booth	Clayton Le Moors Harriers	462	1:04:03	Jack Sargeant	Congleton Harriers	563	1:16:01	Nigel Howard	Pensby Runners
362	0:58:36	Derek Hughes	East Cheshire Harriers & Tameside AC	463	1:04:03	Paul Cachelin-Stephe	Salford Harriers & AC	564	1:16:07	Neil Jenkins	City of Chester Triathlon Club
363	0:58:37	Steven Doxey	Swinton Running Club	464	1:04:04	Tom Hanson	Elswick Harriers	565	1:16:42	Tony Man	Penny Lane Striders
364	0:58:37	Mike Clayton	Knowsley Harriers AC	465	1:04:06	Will Amis	Wallasey Athletic Club	566	1:16:57	Paul Hudson	Vale Royal AC
365	0:58:40	Martin Connelly	Elswick Harriers	466	1:04:08	Kris Robinson	Rochdale Harriers & AC	567	1:17:39	Jon Param	Manchester YMCA Harriers
366	0:58:41	Andy Eccles	Wigan & District H & AC	467	1:04:14	Gordon Crawford	Hyde Park Harriers	568	1:17:54	K Cheetham	Tyne Bridge Harriers
367	0:58:43	Chris Beadle	Holmfirth Harriers AC	468	1:04:15	Ken Fox	Hyde Park Harriers	569	1:18:20	K McCormick	Claremont Road Runners & AC
368	0:58:43	Steve Riddle	Burnden Road Runners	469	1:04:16	Phil Drew	South Shields Harriers & AC	570	1:18:27	Neil Goulding	Skelmersdale Boundary Harriers
369	0:58:46	Phil Morton	Blackburn Harriers & AC	470	1:04:17	Ian Newsham	Vale Royal AC	571	1:18:55	Dave Mcalister	Wallasey Athletic Club
370	0:58:48	Ian Russell	Penny Lane Striders	471	1:04:20	Peter Sloan	Elswick Harriers	572	1:19:15	Mike Griffiths	Wallasey Athletic Club
371	0:58:49	Richard Joyce	Kirkstall Harriers	472	1:04:21	Ian Ogden	Spensborough & Dist AC	573	1:19:18	Michael Hayden	Aurora Harriers
372	0:58:49	Robert Burke	Liverpool Running Club	473	1:04:23	Nigel Shepherd	Wesham Road Runners & AC	574	1:20:14	Robert Kedian	Manchester YMCA Harriers
373	0:58:50	Maurice Collins	St Helens Sutton AC	474	1:04:23	Alan Glasgow	Wesham Road Runners & AC	575	1:21:34	Phil Mccullagh	Chorley AC
374	0:58:50	Ian Hayburn	St Helens Sutton AC	475	1:04:28	Mark Tomlinson	Ripley Running Club	576	1:22:53	Alan Peers	Spectrum Striders
375	0:58:55	Mark Liptrot	St Helens Sutton AC	476	1:04:28	John Cookson	Blackburn Harriers & AC	577	1:22:58	Pete Mcardle	Wallasey Athletic Club
376	0:59:03	John Doherty	Sheffield RC	477	1:04:31	Adam Barber	Belle Vue Racers	578	1:23:28	Ian Broadhurst	Knowsley Harriers AC
377	0:59:05	Nick Bishop	Wilmslow Running Club	478	1:04:31	Jake Healy	St Helens Sutton AC	579	1:23:54	Nigel Brady	Bury Athletic Club
378	0:59:08	Andrew Wilson	St Helens Sutton AC	479	1:04:33	Neil Silcock	Southport Waterloo AC	580	1:26:20	Mick Charman	Spectrum Striders
379	0:59:13	Chris Stewart	Manchester Harriers & AC	480	1:04:34	Ian Hayden	Aurora Harriers	581	1:26:22	Keith Weavers	Aurora Harriers
380	0:59:29	Darren Middleton	Wigan & District H & AC	481	1:04:34	Keith Andrews	Liverpool Running Club	582	1:27:09	Jim Barrow	City of Chester Triathlon Club
381	0:59:31	Myles Robertson	Wirral AC	482	1:04:34	Neil Taylor	Skelmersdale Boundary Harriers	583	1:34:24	Derek Hughes	Knowsley Harriers AC
382	0:59:39	John Collier	Wesham Road Runners & AC	483	1:04:38	James Atkin	Wirral AC				
383	0:59:42	Robert Givnan	Liverpool Running Club	484	1:04:42	Brian Schofield	Oldham and Royton Harriers				
384	0:59:44	Tony Morgan	ABC Runners	485	1:04:43	Steve Foreman	Sedgefield Harriers				
385	0:59:46	Albert Castile	Salford Harriers & AC	486	1:04:48	Billy Merritt	Knowsley Harriers AC				
386	0:59:46	Nick Walsh	Rochdale Harriers & AC	487	1:04:52	Liam Mealey	Kirkstall Harriers				
387	0:59:49	Christopher Mcderm	Belle Vue Racers	488	1:04:54	Ian White	St Helens Sutton AC				
388	0:59:49	Nick Rose	City of Chester Triathlon Club	489	1:04:56	Graham Driver	Spectrum Striders				
389	0:59:50	Julian Spencer	Spectrum Striders	490	1:04:57	Graham Harrison	Saltwell Harriers				
390	0:59:53	Kevin Hull	Border Harriers & AC	491	1:05:07	David Turnbull	Aurora Harriers				
391	0:59:54	Gareth Thraves	Aurora Harriers	492	1:05:11	Peter Browning	Clayton Le Moors Harriers				
392	0:59:55	Terry Hellings	Lytham St Annes RR Club	493	1:05:31	Gary Wane	Wigan & District H & AC				
393	0:59:57	Martin Christian	Knowsley Harriers AC	494	1:05:35	Mark Hodgson	South Shields Harriers & AC				
394	0:59:57	Thomas Andy Bell	Heaton Harriers & AC	495	1:05:36	Tom Albone	Sheffield RC				
395	1:00:00	Tony Archer	Vale Royal AC	496	1:05:41	Dean Young	Steel City Striders RC				
396	1:00:03	Tom Peacock	Southport Waterloo AC	497	1:05:49	Matt Nelson	Southport Waterloo AC				
397	1:00:03	Pete Hill	Pudsey & Bramley AC	498	1:05:58	Philip Freestone	South Shields Harriers & AC				
398	1:00:20	Paul Barrett	Sale Harriers Manchester	499	1:06:04	Neil Atkinson	Spectrum Striders				
399	1:00:22	David Askew	Harrogate Harriers & AC	500	1:06:10	Rick Pullan	Hyde Park Harriers				
400	1:00:25	Steve Smith	Wallasey Athletic Club	501	1:06:18	Simon Townsend	Chorley AC				
401	1:00:25	George Pierce	Liverpool Running Club	502	1:06:20	Martin O'reilly	Rochdale Harriers & AC				
402	1:00:25	Graham Stuart	Liverpool Running Club	503	1:06:32	Richard Taylor	Blackburn Harriers & AC				
403	1:00:26	Tom Dunn	Sedgefield Harriers	504	1:06:36	John Bertenshaw	Wesham Road Runners & AC				
404	1:00:30	Alan Langford	Heaton Harriers & AC	505	1:06:39	Darren Jackson	Wigan & District H & AC				

2013 NACCC Senior Men

Pos	Time	Name	Club	Pos	Time	Name	Club	Pos	Time	Name	Club
Team Results:											
Pos	Points	Team / Club		Placings							
1	84	Leeds City Athletic Club		(5 9 10 15 20 25)							
2	107	Stockport Harriers & AC		(1 2 8 11 14 71)							
3	172	Morpeth H & AC		(12 19 21 39 40 41)							
4	240	Lincoln Wellington Athletic Club		(13 16 29 32 59 91)							
5	287	Salford Harriers & AC		(17 47 49 50 52 72)							
6	322	Leeds City Athletic Club		(31 48 53 62 63 65)							
7	507	Sale Harriers Manchester		(35 38 57 69 132 176)							
8	554	Liverpool Harriers & AC		(26 36 96 110 140 146)							
9	574	Southport Waterloo AC		(45 58 89 109 121 152)							
10	580	Leeds City Athletic Club		(80 86 90 92 105 127)							
11	580	Rotherham Harriers & AC		(34 64 70 95 120 197)							
12	580	Altrincham & District AC		(7 30 43 107 172 221)							
13	733	Salford Harriers & AC		(93 102 117 125 142 154)							
14	776	Border Harriers & AC		(27 51 97 143 173 285)							
15	936	Vale Royal AC		(37 54 123 210 252 260)							
16	944	Pudsey & Bramley AC		(23 28 113 165 218 397)							
17	982	Trafford Athletic Club		(73 79 178 189 207 256)							
18	1028	Sheffield RC		(4 85 158 169 276 336)							
19	1180	Wirral AC		(128 184 193 198 205 272)							
20	1219	York Knavesmire Harriers		(55 136 175 241 283 329)							
21	1256	Liverpool Harriers & AC		(153 155 188 237 248 275)							
22	1281	Knowsley Harriers AC		(118 174 212 244 265 268)							
23	1321	Penny Lane Striders		(66 68 211 302 304 370)							
24	1362	Keswick AAC		(18 44 168 204 413 515)							
25	1372	Wallasey Athletic Club		(170 196 236 239 243 288)							
26	1492	Blackburn Harriers & AC		(116 135 177 219 369 476)							
27	1497	Harrogate Harriers & AC		(60 87 262 342 347 399)							
28	1532	St Helens Sutton AC		(104 162 233 286 373 374)							
29	1545	South Shields Harriers & AC		(122 234 257 291 310 331)							
30	1643	Wigan & District H & AC		(186 216 255 269 351 366)							
31	1695	Salford Harriers & AC		(187 202 226 232 385 463)							
32	1713	Spectrum Striders		(144 235 284 301 360 389)							
33	1788	East Cheshire Harriers & Tamesid		(137 215 222 333 362 519)							
34	1797	Kirkstall Harriers		(179 191 282 325 371 449)							
35	1830	Heaton Harriers & AC		(230 274 297 315 320 394)							
36	1838	Liverpool Running Club		(161 228 293 372 383 401)							
37	1846	Macclesfield Harriers & AC		(180 182 229 300 448 507)							
38	1879	Wesham Road Runners & AC		(106 208 267 382 443 473)							
39	1931	Wirral AC		(289 308 316 319 341 358)							
40	2020	Knowsley Harriers AC		(294 306 314 349 364 393)							
41	2131	Manchester Harriers & AC		(147 225 312 379 526 542)							
42	2132	Sedgefield Harriers		(164 266 403 405 409 485)							
43	2177	Sunderland Harriers & AC		(101 231 324 461 522 538)							
44	2222	Southport Waterloo AC		(261 318 327 396 441 479)							
45	2305	Skelmersdale Boundary Harriers		(141 249 332 482 531 570)							
46	2325	City of Chester Triathlon Club		(100 313 388 432 528 564)							
47	2447	St Helens Sutton AC		(375 378 410 415 433 436)							
48	2521	Pensby Runners		(253 280 352 534 539 563)							
49	2616	Liverpool Running Club		(402 423 438 446 447 460)							
50	2639	South Shields Harriers & AC		(407 412 427 430 469 494)							
51	2652	Penny Lane Striders		(414 416 422 440 444 516)							
52	2668	Rochdale Harriers & AC		(251 386 466 502 511 552)							
53	2701	Belle Vue Racers		(387 420 452 459 477 506)							
54	2748	Vale Royal AC		(287 395 470 508 535 553)							
55	2803	Wallasey Athletic Club		(350 400 465 518 527 543)							
56	2939	Spectrum Striders		(434 451 489 499 509 557)							
57	2994	Knowsley Harriers AC		(429 437 486 521 560 561)							
58	2997	Aurora Harriers		(391 480 491 525 537 573)							